

Last year, Community Progress Council's WIC (Women, Infants and Children) Program helped more than 8,000 people in York County.

Many more don't realize they may be eligible for WIC services - which include healthy foods, nutrition counseling, breastfeeding support and free health screenings.

New and expecting mothers, as well as children up to 5 years old are eligible. Check your eligibility at [www.pawic.com](http://www.pawic.com) or call 717-843-7942 to schedule an appointment.

