



## **County of York, Pennsylvania**

### **Area Agency on Aging**

**For Immediate Release**

**May 7, 2019**

### **Announcing the 18<sup>th</sup> annual York County Senior Games**

More than 500 seniors from across York County are expected to come together in late June for the 18<sup>th</sup> annual York County Senior Games.

The York County Senior Games began in 2002 as a one-day program featuring approximately 20 events. It now extends for five days and offers participants the chance to test their skills in 48 events.

The goal is to promote healthy lifestyles and fitness for York County men and women aged 50 and older. Registration is now open for this year's games, which will take place from June 17 through 21.

Events will include annual favorites such as Cornhole, horseshoes, shuffleboard, throws, basketball hot shots, pinochle, Wii bowling and the seventh year of the triathlon. A new event for 2019 is Pickleball!

There is a \$15 registration fee for an unlimited number of events. All registrations must be postmarked by the June 7 registration deadline.

Registrations should be received as early as possible because of limited openings in some events. The registration fee is non-refundable. There are additional fees, payable at the event site, for some events.

Volunteers are also sought to help support the games. It's a particularly great opportunity for adult civic organizations, church groups, high school and college students or businesses. All volunteers must be at least 14 years of age. To learn more about volunteer opportunities, call 717-771-9001 or email [aging@yorkcountypa.gov](mailto:aging@yorkcountypa.gov).

The Senior Games are organized by the York County Area Agency on Aging, in conjunction with the Senior Games Planning Committee, which is made up of community and business volunteers. Expenses for the Games are entirely underwritten by corporate sponsors, private donations and entry fees.

Any York County resident 50 years of age or older as of Dec. 31, 2019, may participate. Age groups are 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, and 90+.

Event coordinators reserve the right to consolidate age divisions for competition based on insufficient entries and can modify event rules and formats or cancel events. Medals will be awarded within each age group. Some events are open to men and women separately.

Registration booklets are available at many locations throughout the county or can be obtained by contacting the York County Area Agency on Aging at 717-771-9001 or 800-632-9073. Registration booklets and forms are also available at [ycaaa.org](http://ycaaa.org) on the 'Forms and Documents' page.

The Opening Ceremony and Closing Celebration for the Games will be free and open to the public. The Opening Ceremony will be held on Tuesday, June 18 at 8:15 a.m. in the Central York High School cafeteria at 601 Mundis Mill Road in Springettsbury Township. All participants and their families are encouraged to attend the ceremony, which will feature a color guard, parade of athletes and official torch ceremony.

The closing celebration will be held at 4 p.m. on Friday, June 21, at the Central York High School cafeteria. This event will celebrate the week of activities, recognize triathlon medal winners and be a special time of sharing. Participants and their families are invited to enjoy some ice cream and fellowship.

Returning Platinum sponsors for the Senior Games are Bellomo & Associates, LLC, ManorCare Health Services, The Brunswick at Longstown & Colonial Manor Nursing and Rehab, and UPMC *for Life*. The Gold Senior Games sponsors are Pennsylvania LOTTERY and SpiriTrust Lutheran®. Silver sponsors are Highmark® Blue Shield and Victory Athletic Association. Bronze sponsors include Glatfelter Insurance Group, Normandie Ridge Senior Living Community, OSS Health, Shiloh American Legion Post 791, VFW Post 2493, Visiting Angels Living Assistance Services and WellSpan Orthopedics. Media sponsors are NewsTalk 93.9 & 910 WSBA, and On-Line Publishers, Inc.

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**Media Contact:** Jenny Nace, 717-852-4902 Ext. 1020,  
[jmnace@yorkcountypa.gov](mailto:jmnace@yorkcountypa.gov)